

MID DECEMBER 2025

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Arekopaneng Centre unites stakeholders in anti GBVF and World AIDS Day advocacy



Residents march through the streets of Orange Farm, demanding an end to violence against women and children

Orange Farm Ext 7's Afrika Tikkun Arekopaneng Centre and local partners held a series of community engagements to mark 16 Days of Activism Against Gender-Based Violence and Femicide (GBVF) and World AIDS Day.

The programme was launched on 25 November with a community parade led by Afrika Tikkun youth and parents, in partnership with Jozi Ihlomile, Orange Farm EMS, CPF and Community Safety. On the

following day, SANCA Nishtara delivered an interactive puppet show for children aged 4 to 9, highlighting substance-abuse awareness through age-appropriate storytelling.

The campaign concluded on World Aids Day commemorated on 1 December with a community event featuring key presentations on cyber-bullying, doxxing, HIV education and digital safety. Attendees heard powerful testimonies from community members with lived experiences

of GBVF and HIV, bringing personal insight to the issues being addressed.

Many community members took part in free HIV testing made possible by Clean Touch, reinforcing the campaign's focus on awareness, prevention and accessible health services Afrika Tikkun's Arekopaneng Centre extends appreciation to NISSA, Johannesburg Child Welfare, GPAPD, EMS and Stretford Clinic for their collaboration and ongoing commitment to community well-being.

Speaking on the impact of these joint efforts, the Centre's social worker, Bulelwa Masizana, emphasised the value of collective action: "Collaboration is the backbone of meaningful community change and impact. When we unite, we reach more people and ensure no one faces these challenges alone."

Themed "Unite to End Digital Violence Against All Women and Girls", this 16 day campaign is held annually between 25 November and 10 December.

Orange Farm NEWS

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Orange Farm NEWS

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Luka 2-1 Mehleeng eo, ha hlaha taelo ya Sesare Augusto, e reng, ho ngolwe palo ya baahi ba lefatshe lohle.

2. Palo eo ke ya pele, ya etswa Kuirine e le mmusisi wa Siria.
 3. Yaba batho bohle ba ya ho ngolwa, e mong le e mong motseng wa habo.
 4. Josefa le yena a tloha Galelea, motseng wa Nasaretha, a ya Judea, motseng wa Davida, o bitswang Bethlehem, etswe e ne e le motho wa ntlo ya Davida le wa leloko la hae;
 5. Ba ya ho ngolwa le Maria, mosadi eo a mo lebeleditseng, e neng e le moimana.
 6. Ba sa le moo, matsatsi a ho beleha ha hae a phetheha; 7. a beleha mora wa hae wa letsibolo; a mo phuthela maseleng, mme a mo robatsa sejong, kahobane ho ne ho se sebaka sa bona tlung ya baeti.
 8. Ho ne ho le badisa naheng eo, ba phelang metebong, ba lebetse mehlope ya bona bosiu.
 9. Jwale hang, lengeloi la Morena la ba hlhela, kganya ya Morena ya ba teela hare, mme ba tshaba ka tshabo e kgolo.
 10. Lengeloi la re ho bona: Se tshabeng, hobane bonang, ke le bolella thabo e kgolo, e monate, eo e tla ba ya setjhaba kaofela. E kare morena modimo a ka mpelokela lona bohle tlasa letsoho la hae bohle batlankang maeto holobalwa le meloko ya lona le basetseng le e thabise ka tlhokomelo le polokeho.
- Hore bohle le se ke la lahlehlwa ke maphelo a lona.
Re kgone ho kena re thabile lemong se setjha sa 2026 hosena ya lahlehetsweng ke bophelo ba hae. Bohle ha re reng modimo o be le rona ka hosafeleng. Amen



ORANGE FARM DRAWING COMPETITION

A creative drawing contest for youth, featuring two age groups 6 to 12 and 13 to 18. Date: 16 December from 9am -11:30pm. Venue: 5757 Drieziek 3, For more info, call 073 678 9856.

LAKESIDE STREET FESTIVAL - OF COLOUR

Celebrate Tom & Jerry's birthday with family fun, gaming, colour run & food stalls. Date: 20 December, 11am till late at Spokong Lakeside Ext 5. Hosted by Zane Studio Records, Team Sanchah & Musa. For Info, call 074 512 2845 or 079 829 4294

MASKANDI THURSDAYS

Enjoy traditional Maskandi music every Thursday this December at Mandla's Place (Mnyama Ndawo), Ext 2. Woza uzogiyala!

LAST DANCE CELEBRATION - NEW YEAR'S EVE

A year-end music celebration hosted in Orange Farm with DJs and live entertainment. Date: 31 December. Venue: Drieziek 3, near Golden Highway

ORANGE FARM KIDZ FEST

A full-day children's festival with rides, performers, puppet shows, games and entertainment. Date: 16 December, 10am to 6pm at Orange Farm Spin City. For more info, call 069 258 2358 or 072 755 3420.

RECONCILIATION DAY PICNIC

Join family picnic with music, food, swimming & entertainment. Featuring Thobiya De MC, Happy K, Ninkies & more. Date: 16 December, from 8am till late at Le Hae La Bafokeng, Reitfontein. For info, call 081 700 0940 / 083 939 0364 / 079 432 9713.

10 spots left for to register for Miss Bandit Hearts SA 2026!



These models are geared up to compete for the queen crown!

With only a few months left for the second annual national finale of the Miss Bandit Hearts SA (MBHSA) pageant set to take place on 7 March 2026, at the Multi-Purpose Hall in Orange Farm Ext 1, organisers urge models to register as only a few spots are left.

Founded by Tebogo Nkosi, in partnership with Kutlwano-Entle Modelling Agency,

MBHSA celebrates beauty, talent, leadership and community impact. The pageant has rapidly grown into a meaningful platform dedicated to empowering young women nationwide. It prioritises leadership development, confidence-building, entrepreneurship and community service - making it far more than a traditional beauty competition.

Speaking about the vision behind the brand, Nkosi told OFN: "Miss Bandit Hearts SA was created to give young women a voice, confidence and purpose. This platform is about more than crowns and titles - it's about building future leaders, uplifting communities and showing young girls that their dreams are valid, no matter where they come from." The organisation recently celebrated a major milestone after Mary Mabika, the reigning Miss Social Butterfly, received over 1 000 social media votes, showcasing the growing public support behind the movement. The 2026 finale will feature runway showcases, talent performances, special guests, entertainment and the crowning of Miss Bandit Hearts SA 2026 winners. Only 10 finalist spots are available - split into 2 categories 5 for ages 12-16 and 5 for ages 17-25.

Interested models can WhatsApp 064 951 6295 for application details. Registration fees range from R150 to R180. Registrations close on 31 January 2026.

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CrimeStats



Orange Farm's murder, assault and contact crimes deeply concerning!

Kidnapping cases in the Orange Farms policing precinct have decreased, according to the latest quarterly crime statistics released on Friday, 28 November, by Acting Police Minister Firoz Cachalia.

The drop comes as the area continues to battle a range of high-impact crimes that keep Orange Farm ranked among the country's top 30 high-crime police stations. Nationally, the picture remains grim. While murders in South Africa show a slight decline, the numbers are still deeply troubling - an average of 63 people were killed every day between

April and September. The newly released statistics offer a window into both enduring and emerging crime patterns affecting communities across the country. Minister Cachalia, confirmed a general improvement in community-reported crimes, with 18,594 fewer cases recorded compared to the same period last year. Contact crimes - including murder, assault, and sexual offences - also fell by 4,999 cases, signalling progress driven by strengthened policing and community partnerships. However, Orange Farm continues to face severe challenges. The station recorded notable spikes in several

key categories: Assault with intent to cause grievous bodily harm-167; Arson - 4 cases; Carjacking- 45; Contact crimes (total)- 608; Kidnapping- 54; Murder - 50; Robbery at residential premises - 36; Robbery with aggravating circumstances - 170; Trio crimes - 94; Truck hijacking - 5. Minister Cachalia said high-crime stations like Orange Farm will receive targeted support, with SAPS intensifying intelligence-led operations, improved visibility, and stronger collaboration with communities to curb violent crime and restore safety.

Friend stabs friend to death over R10 at Matiki



A man lost his life after allegedly stabbed by his friend during a dispute over R10 at the Matiki dumping site near Mokokotlong informal settlement on 27 November.

Police were called to the scene at around 4pm. Upon arrival, officers discovered the body of a man lying face up with a stab wound to the chest. Preliminary reports suggest that the victim was attacked during an argument over money he allegedly owed the suspect. The attacker fled the scene immediately after the stabbing. A murder case was opened, and swift work by the Orange Farms SAPS Detective Service led to the rapid arrest of the suspect. Orange Farms SAPS communication officer, Sgt Shaan Motsapi, told OFN: "Our detectives acted quickly and professionally. Their rapid response ensured that the suspect was traced and apprehended before he could evade justice." Sgt Motsapi, shared that the ongoing detective operations yielded broader results. "Through extended investigations linked to this and other cases, our team successfully arrested 14 additional suspects involved in assault GBH, common assault and murder," said Motsapi.

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wakudala owawukhonzela ukucela usizo lukaNkulunkulu ngesikhathi sodlame lwamaqembu abizwa ngama40 nama50 olwathatha izimpilo eziningi. Lolo dlame lathusa umphakathi, lwaphazamisa nezikole, kwachitheka

igazi, kwenza indawo kube engaphephile. Ngenxa yalokho, uKhozaphi Mbhele, ongumholi eBlock 7, wabona kubalulekile ukuthi kube nomthandazo okhethekile wokulwa nalesimo. Umthandazo wango -30 kuLwezi uhambe kahle kakhulu; abantu badumisa futhi babonga uNkulunkulu ngokuvikela umphakathi, kwaphinde kwagcizelelwa ukuthokoza ngokuthi kunokuthula eDrieziek 4. UMbhele uthi: "Kubalulekile ukubandakanya uNkulunkulu kukho konke esikwenzayo. Kumele sikhulekele kuye futhi sicela usizo ngoba unamandla okuguqula izimo. Njengobaba bomuzi, sifuna ukwenza konke okusemandleni ethu ukugcina umphakathi uphephile. Sifuna ukuhlunganisa laba bafana abalwayo, sihlale nabo phansi sibafundise ngobudoda, ukuphila kahle nokuziphatha. Nalabo abangangayo sifuna ukukhuluma nabo, sibacebise ukuthi bayeke ukuhlukumeza umphakathi." U-Mbhele uthi wonke umuntu unendawo ebalulekile okumele ayidlale ekuletheni ushintsho lapho ehlala khona.

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Ashantley carving her name in music industry



Image: Supplied

Phindile Dihadlha

Versatile vocalist and songwriter Phindile 'Ashantley' Dihadlha is making a name for herself one beat at a time.

Growing up, she would compose beats in her head and write lyrics to match, unknowingly shaping the foundation for

her musical path.

She told **OFN**: "I always loved music. I would write lyrics from a beat I made in my head and it just made sense to me." Ashantley's professional journey started in 2017 when her brother, a producer, took her to Kastros Studio.

That first studio experience opened the door to a world she instantly fell in love with.

A pivotal moment came in 2019 when Lion Kidd heard one of her recordings and believed in her talent. He searched for her and brought her to Jroy's studio in Drieziek 9 - a defining moment in her career.

"My journey really started there. I worked with Cody the producer and in 2020 I started getting recognition. I'm grateful to everyone who saw the talent in me and gave me a chance," said Ashantley. Although she took a hiatus in 2020, she returned in 2021 with renewed passion. By 2022, her sound reached new heights when she met Navigator Gcwensa, who helped sharpen her craft. Since then, Ashantley has featured on a number of notable tracks, including "Kuyenzeka" with Navigator Gcwensa, Limit Nala and Menzi, "iAttention" with Inkos'yamagcokama, Zwide and Jroy "Messiah", as well as collaborations on "Ngithanda Wena," "Kancane," and "Ukufunela Bani" by Navigator Gcwensa. With her talent, drive and unique sound, Ashantley is making a name for herself in the music scene and this is only the beginning for the Drieziek 3 star.

For collaborations and updates, call Ashantley on 060 4222 346. Follow her: TikTok: @ashantley_p, Instagram: Ashantley_sa, Facebook: Ashantley RSA.



Image: Supplied

Xolani and Sihle Sibanyoni

Orange Farm has a new reason to shine in Xolani Sibanyoni, the creative force behind the fashion label Sizoba Grand.

With a flair for bold designs and a passion for originality, Xolani is stepping boldly into the fashion world, one standout piece at a time. Founded in 2025, Sizoba Grand Clothing isn't just a brand; it's a personal signature. Every design carries Xolani's fearless approach to style and his belief in self-expression.

He told **OFN**: "I want my designs to empower people to be confident and express themselves. My clothing brand is for anyone who isn't afraid to stand out and make a statement."

The debut collection turned heads immediately - a colourful mix of striking prints, vibrant tones and sleek silhouettes. From dramatic dresses to stylish tops and bold everyday wear, each

piece was crafted to make its wearer feel powerful, unique and unforgettable. Xolani's dedication to quality and detail shines through in every hemline and fabric choice.

"Supporting Sizoba Grand means more than wearing fashionable clothing; it means uplifting local talent and contributing to the growing creative scene in Orange Farm," he added.

Xolani aims to inspire young designers and fashion lovers alike with his creativity. For those who want to elevate their wardrobe with Sizoba Grand pieces or explore custom-made outfits can visit his Orange Farm studio to experience the latest collection and step into a world where boldness meets creativity. This brand is the next big thing in the fashion world.

Follow him on social media or call 075 217 4032.

Step out bold, step up confident with Sizoba Grand Clothing

Ke Dezemba: Skhanda Luv DJ set to deliver the ultimate festive vibe



Image: Supplied

Karabo Kutoane

Drieziek Proper's Karabo Kutoane's affectionately known as Skhanda Luv DJ, is fast becoming one of the most exciting Amapiano and Deep House DJs, setting dance floors ablaze wherever he performs.

His magnetic sound, lively sets and growing fanbase have positioned him as a force in the local entertainment scene. He officially stepped into the DJing world in 2021 making his debut at Orange Farm Spin City during the SJAIVA On the Spinning Pitch concept by Pule "Earm"

Motloung.

He told **OFN**: "That gig launched my career, I later became a resident DJ, that experience really shaped me."

Committed to perfecting his craft, he enrolled at Karabo Creative Academy, where he trained under MochachoDJ. "Studying at KCA helped me sharpen my skills, and becoming a resident DJ at KCA Radio gave me the confidence to take my sound to more people," he shared.

Skhanda Luv DJ later launched his own event - Skhanda Fest - which began as a birthday celebration but has since evolved into a full Family Fun Day.

"I wanted an event where people of all ages could celebrate with me. That's why at Skhanda Fest, children get free party packs sponsored by Richester Foods," he explained.

He praised Sirga the MC, describing him as "the driving force behind the success of Skhanda Fest."

Over the years, he has performed at several well-known venues and events, including Chill & Grill, Miami Lifestyle, Metsing Chisanyama and Bachilli Lifestyle, among others.

Although his passion lies in creating music, limited resources have delayed his recording journey. But that's about to change.

"2026 is going to be a great year. We now have Bayza Bun, a music producer on our team, ready to help bring my sound to life. Watch the space, more good sound and local talent is coming," he added.

Fans can follow Skhanda Luv DJ on Facebook for updates.



Image: Skippa the Flippa

Matseliso Ramaqeale

Every time she steps on stage, she leaves fans wanting more - her energy is unmatched while her delivery is unforgettable.

Matseliso Ramaqeale, better known as Antshedy, is now a crowd favourite thanks to her electric stage presence and soul-lifting Sesotho vocals.

Her passion for Amapiano and Lekompo is undeniable. Her journey kicked off in 2020, but like many rising stars, the road wasn't smooth. Things changed dramatically in 2023 when she met with a producer Amora SA and boom, her career took a powerful turn upward. Matseliso told **OFN**: "I currently have singles only, but I'm working on my first EP set to be released early next year. I've performed in several places and sometimes share stages with celebrities. I'm also a member of Skhanda Fest

which is a blessing to me."

Matseliso has lit up stages at Edladleni Pub & Grill; Mkhabela Café; Isikhumbuzo Fun Park; Beverly Hills Park; Miami Lifestyle and Vaal Resorts just to name a few.

She even performed for Molisa ea Molemo FM Lesotho during their 10-year celebration.

Her talent has earned her spots alongside big names like Ntate Stunna, Sannere, Phoka ea Boroa, Nthabi Sings, 2 Point 1 and many more.

She added: "Performing alongside big names has really helped my career." With her EP on the way and momentum soaring, she urges fans to get ready because the best is yet to come.

Follow her on social media to stay updated on performances, releases and everything Antshedy.

Sesotho songbird Antshedy takes Piano & Lekompo by storm

South Africa's GBVF crisis deepens as death toll continues to rise



Three women lost to violence are remembered through their portraits at a 16 Days of Activism event in Drieziek 4

The violence against women and children continues with devastating impact. In 2023/24, South African Police Service (SAPS) recorded that 5,578 women were murdered - a brutal indicator of how deeply the crisis remains entrenched.

On the prosecution front, the NPA reports a 91.7% conviction rate for femicide prosecutions in 2023/24, and 93.3% for intimate-partner femicide.

For sexual offences, the conviction rate was 72.3% in 2023/24. Yet despite these gains, the numbers

show that many cases likely never reach the courts. Survivors still face obstacles: under-resourced investigations, delayed forensics and weak protection-order systems. Ending GBVF demands more than convictions - it demands urgent, coordinated action: stronger prevention efforts, better resourcing for policing and forensic services, comprehensive support for survivors, and a national commitment to changing societal norms. Every woman lost is a failure of society.



Image: Supplied

Cebekhulu calls for end to GBVF

As the annual 16 Days of Activism Against Violence on Women and Children ends, Orange Farm's Vusi Cebekhulu, the managing director of Amalinda Consultancy and host of In Conversation with Amalinda podcast, shares his thoughts on the ongoing national crisis...

Although the campaign runs for only 16 days due to its historical origins, violence against women and children remains a 365-day emergency. Far too often, women and children live in conditions resembling servitude in a democratic country - treated as though they are less than human in their own families and communities. One of the major contributors to this ongoing tragedy is the existence of toxic masculinities. What troubles me most is how early these behaviours are taught to boys - long before they become men. From a young age, boys are encouraged to build physical strength and courage so they may "protect" their sisters and future wives.

Strength and courage themselves are not harmful but, they become dangerous when tied to expectations that undermine a man's emotional and physical wellbeing. The same is true for the idea of being a "provider". Providing is honourable, yet when financial capability becomes the sole measure of masculinity, it creates pressure, shame, and despair. As I often remind communities: A man's dignity is not measured by his possessions but by his discipline, respect, responsibility, love, and care. Provision extends far beyond money. Helping with homework, offering guidance, supporting the household during stressful times - these are also forms of provision. Yet many men find themselves suffocating under unrealistic expectations, leading to depression, substance abuse, suicide, or imprisonment. This is not to suggest that women are to blame for the violence committed against them, but certain social attitudes can indirectly reinforce harmful dynamics.

Far too often, women and girls say a man without money is not masculine. When provision and protection are misunderstood, relationships can drift into unhealthy power imbalances where women gradually surrender autonomy and are treated as property. True empowerment requires women and girls to cultivate independence, confidence and self-reliance. Culturally and religiously, men have been socialised to see themselves as "protectors". Many men I engage with feel pride in this identity. But the pressing question must be asked: protecting women from what, when the greatest danger to them is men themselves? There are no wild animals roaming our communities. The "wild animals" women fear are their partners, relatives, neighbours and acquaintances. How can we claim the title of protector when those same women and children are most often protecting themselves from us?



MEC Nomantu Nkomo-Ralehoko, alongside Ward 4's Cllr Simon Molefe and other distinguished guests, raise awareness about violence

Gauteng MEC for Health and Wellness, Nomantu Nkomo-Ralehoko led the department's commemoration of the 16 Days of Activism for No Violence Against Women and Children at Piano Sports Ground in Drieziek 4 on 28 November. The event featured public awareness activities, health and wellness services and discussions focused on the support available for survivors of gender-based violence. Residents received health check-ups and medication for various illnesses. Critical services offered at the province's 27 designated Clinical Forensic Medical Services facilities and Thuthuzela Care Centres, which play a key role in responding to gender-based violence and supporting survivors were also highlighted. Despite the rain, community members and stakeholders came out in large numbers to honour victims who lost their lives to gender-based violence. Attendees were treated to lunch and goodie bags as part of the day's programme. Orange Farm is served by the Stretford CHC Clinical Forensic Medicine facility which continues to see high numbers of cases involving sexual offences, domestic violence and intimate partner violence - with women accounting for 90% of survivors. According to Gauteng Health, the previous financial year recorded 11 069 sexual offences, 6 595 domestic violence cases and 6 525 intimate partner violence cases across designated facilities. Of the survivors who sought help, 33.3% (3 678) reported their sexual offence more than 72 hours after the incident, while 1 802 (17%) tested positive for HIV.

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Orange, Thyme and Maple Glazed Gammon



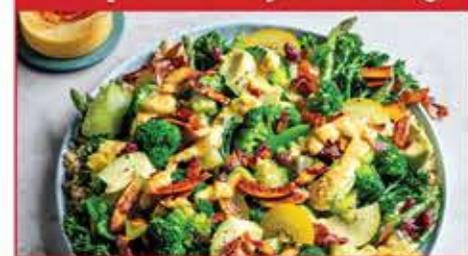
Ingredients

- 1 (2kg) uncooked boneless gammon
- 1.5l ginger beer
- 1 onion, halved
- 2 sprigs bay leaves
- 2 packets (700g each) root roast veg
- 3 Tbsp (45ml) olive oil
- Salt and milled pepper
- 3 - 4 sprigs thyme
- 1 packet (200g) orange, thyme and maple flavoured glaze

Method

1. Place gammon, ginger beer, onion and bay leaves into a large pot. (Cover with water if needed, to ensure meat is submerged completely.)
2. Bring to a simmer, cover and cook on low heat for approximately 1 hour. (If your meat isn't the exact same size, simmer for 20-25 minutes for every 500g of meat.)
3. Once your gammon is cooked, drain and discard liquid and allow meat to cool just enough to handle.
4. Cut off the netting and gently pull off the skin on top of the fat layer. Set aside.
5. Preheat oven to 180°C.
6. Place vegetables on a baking tray and drizzle with olive oil, season and sprinkle with thyme.
7. Roast for 30-35 minutes or until all the veggies are soft.
8. Score the fat and brush with orange, thyme and maple flavoured glaze.
9. Place in the oven for 20-25 minutes and grill until golden brown.
10. Serve gammon with the roasted vegetables, poached fruit and fresh thyme.

Greens & Grains Salad with Caramelised Coconut and Tropical Curry Dressing



Ingredients

Tropical dressing:

- 1 cup (170g) mango chunks
- Pulp of 2 fresh passion fruits
- 2 cloves garlic, minced
- Grated peel of 1 lime
- 1 Tbsp (15ml) Dijon or wholegrain mustard
- ½ cup (125ml) olive oil
- 1 Tbsp (15ml) honey
- Knob fresh ginger, grated
- 1 tsp (5ml) curry powder
- Salt and milled pepper
- Caramelised coconut:
- 2 cups (500ml) fresh coconut chunks, shaved (or use coconut flakes)
- 1 Tbsp (15ml) canola oil
- 2 Tbsp (30ml) soy sauce
- 1 tsp (5ml) smoked paprika
- 1 Tbsp (15ml) maple syrup or honey
- ½ cup (125ml) each cooked bulgur wheat, barley and buckwheat

- Handful fresh parsley, chopped
- 1 packet (300g) broccoli florets or Tasty Stem broccoli
- 1 packet (125g) sugar snap peas
- 1 packet (250g) asparagus
- 1 avocado, cut into chunks
- 2 kiwi fruits, one cubed and one sliced
- ¼ cup (60ml) dried cranberries

Method

1. Preheat oven to 160°C.
2. Blitz dressing ingredients, except for the salt and pepper, in a blender until smooth. Season.
3. Toss caramelised coconut ingredients together, season and spread out on a baking tray lined with baking paper.
4. Bake for 20-30 minutes, or until crispy.
5. Combine the cooked grains and parsley in a bowl. Season.
6. Blanch broccoli, peas and asparagus for 1-2 minutes, then refresh in ice-cold water.
7. Spoon mixed grains on a serving platter and arrange the blanched vegetables on top.
8. Add avocado, kiwi fruit, cranberries and a generous sprinkle of caramelised coconut.
9. Drizzle with dressing and serve as is or with your favourite proteicoco

Festive Roast Chicken



Ingredients

- 1 whole chicken (1.5-2 kg)
- 2 tsp salt
- 1 tsp black pepper
- 2 tsp paprika
- 1 tsp mixed dried herbs (origanum, thyme, rosemary)
- 2 Tbsp olive oil
- 2 Tbsp butter, softened
- 1 lemon, halved
- 4 garlic cloves, crushed
- 1 large onion, quartered
- Fresh rosemary or thyme sprigs (optional)

Festive Glaze:

- 3 Tbsp apricot jam
- 1 Tbsp soy sauce
- 1 Tbsp wholegrain mustard
- 1 tsp lemon juice

Method

1. Preheat the oven to 180°C.
2. Place the chicken in an oven proof dish and rub the spices and herbs over it
3. Stuff the cavity with lemon halves, garlic, onion and fresh herbs
4. Place into the hot oven and roast for 1 hour or until cooked through and juices run clear.
5. Whisk together all glaze ingredients.
6. Once the chicken is cooked, brush the glaze over the chicken.
7. Roast another 10 minutes
8. Rest 10 minutes before carving.

Lemon Meringue Layer Cake



Ingredients

- 1 (350g) Madeira loaf cake
- ½ cup (125ml) double cream lemon meringue flavoured yoghurt
- 1 packet (100g) vanilla meringue rosettes

Method

1. Slice the cake into 12 even slices.
2. Spoon a dollop of yoghurt onto each of slices, then stack three slices on top of each other to create 4 little cakes.
3. Top each stack with meringue rosettes and serve immediately.

Christmas Slushies



Ingredients

- 1-2 pineapples, peeled and cut into chunks
- 8 kiwis, peeled and chopped
- 1 punnet (750g) nectarines or peaches, cut into chunks
- 1 punnet (750g) plums, cut into chunks
- 2 cups (500ml) mixed berries (we used blueberries, raspberries and strawberries)

Method

1. Blitz fruit separately in a food processor (or using a stick blender) until smooth.
2. Pour into separate ziplock bags or freezer-safe containers and semi-freeze, about 1 hour.
3. Line a 2L container or loaf tin with clingfilm.
4. Spoon semi-frozen fruit purée into prepared container or tin to resemble a rainbow.
5. Freeze for another 30 minutes.
6. Remove from freezer, scoop into glasses and serve.

Milk Tart and Cinnamon Caramel Trifle



Ingredients

- Custard:**
- 2 cans (385g each) condensed milk
- 6 cans (2.25L + ¼ cup) milk (use the empty condensed milk cans to measure)
- 8 eggs
- 1 Tbsp + 1 tsp (20ml) vanilla essence
- 2 tsp (10ml) salt
- ¾ cups + 2 Tbsp (210ml) cornflour
- 1 Tbsp (15ml) ground cinnamon
- 4 cinnamon sticks
- 1 packet (200g) Boudoir biscuits
- Freshly brewed coffee, cooled, for dipping
- ½ can (180g) caramel dairy dessert
- 1 tsp (5ml) ground cinnamon
- For serving:**
- Fresh mint / Cinnamon sticks, optional

Method

1. Mix condensed milk and 5 cans of milk in a pot until well combined.
2. Whisk together eggs, vanilla essence and salt.
3. Combine remaining milk, cornflour and ground cinnamon to form a slurry. Set aside.
4. Heat the condensed milk and milk mixture and cinnamon sticks over medium heat.
5. Simmer for 10-12 minutes, stirring

occasionally.

6. Add about 1 cup (250ml) warmed milk mixture to egg mixture while stirring vigorously (this warms the eggs up slowly so you don't get a lumpy custard).
7. When the mixture is smooth add the remaining milk mixture.
8. Stir in the slurry (cornflour mixture).
9. Pour back into the pot.
10. Bring mixture to the boil, continuously stirring to avoid lumps.
11. Allow to cook until thick, about 10-12 minutes. Remove from heat and allow to cool.
12. To assemble, spoon about 1½ cups (375ml) of the cooled custard into a trifle dish and spread to form an even layer.
13. Dip the Boudoir biscuits in the coffee and arrange on top of the custard.
14. Repeat to create 2 layers, then top with remaining custard.
15. Combine caramel and cinnamon.
16. Spoon over trifle and garnish with mint and cinnamon sticks, if using.

Fruit Festive Punch



Ingredients

- ½ cup (125ml) Sunny Splash Peach & Apricot Flavoured Blended Fruit Drink Concentrate
- ½ cup (125ml) Sunny Splash Apple Berry Flavoured Blended Fruit Drink Concentrate
- 1-2 bottles (2L each) BRU Lemonade Flavoured Carbonated Drink
- 1 bottle (750ml) Rosé (we used Nederburg Classic Rosé)
- 1 punnet (750g) of each plums, nectarines and peaches, sliced and quartered
- 1 punnet (250g) strawberries, quartered
- 2 handfuls blueberries
- 1-2 oranges, sliced

Method

1. Combine all ingredients in a punch bowl or two large pitchers.
2. Stir well and keep in the fridge until ready to serve. Serve over ice.

Chocolate Brownie S'mores



Ingredients

- 400g chocolate brownie baking kit
- 1 packet (150g) mini marshmallows pink and white
- 1 packet (125g) vanilla flavoured biscuit creams, crushed

Method

1. Preheat oven to 180°C.
2. Prepare brownies according to packet instructions.
3. Top freshly baked brownies with marshmallows and crushed biscuits.
4. Switch off the oven and return brownies, allowing the residual heat to melt and slightly caramelise the marshmallows. Or pop them under the oven grill for about 5 minutes.
5. Serve immediately while still warm and marshmallows are gooey.

Bafana Bafana eyes AFCON 2025 & World Cup 2026



Captain Ronwen Williams, is set to lead the team into AFCON, building momentum for next year's World Cup

The national team, faces a defining year as they prepare for both the 2025 Africa Cup of Nations (AFCON) and their long-awaited return to the FIFA World Cup in 2026.

Bafana Bafana enters this period with renewed confidence after strong qualifying performances and growing belief among supporters that the squad is capable of restoring South Africa's standing in international football. In the AFCON draw, Bafana Bafana were placed in Group B alongside Egypt, Angola and Zimbabwe. Their campaign is scheduled to begin in Marrakech on 22 December 2025, where they will take on Angola in what is expected

to be a tightly contested opener. Four days later they face North African giants Egypt, followed by a clash against neighbours Zimbabwe on 29 December. With the tournament running into early 2026, the team sees AFCON as both a competitive opportunity and an important preparation phase ahead of the World Cup. South Africa sealed their World Cup qualification on 14 October 2025 with a convincing 3 - 0 victory over Rwanda at Mbombela Stadium. The win secured their place at the global showpiece for the first time since hosting the event in 2010 and marked their first qualification as a non-host nation in 24 years. Their return

to world football's biggest stage generated excitement across the country, signalling a new era for the national side under coach Hugo Broos. The World Cup draw, conducted on 6 December, placed Bafana in Group A with co-hosts Mexico, South Korea and a European play-off winner yet to be determined. South Africa will feature in the opening match of the tournament on 11 June 2026 against Mexico in Mexico City, a fixture that carries symbolic weight as it mirrors the opening game of the 2010 World Cup when the two nations played to a memorable 1-1 draw at Soccer City. The second match is scheduled for 18 June against South Korea, followed by the final

group encounter on 24 June.

These upcoming challenges represent an important chapter for South African football. With a balanced squad and a growing sense of unity, Bafana Bafana will aim to make a strong impression at AFCON while building momentum for the World Cup. Supporters and analysts alike believe that this generation of players has the potential to compete fearlessly on both the continental and global stages. As the countdown begins, the nation is once again rallying behind its team, hopeful that Bafana Bafana's resurgence will deliver performances worthy of pride and celebration.

Fortune FC ends year on a high



ON A WINNING STREAK: These champions proudly display their trophy won at the Arekopaneng Community Centre

Earlier this month, Fortune Talent Academy Sport Development (FTASD) U13s claimed the Afrika Tikkun Champions League trophy for the second consecutive year.

This victory came at Arekopaneng Community Centre is a testament to the team's dedication and consistent hard work throughout 2025. FTASD's Bethuel Moloto, praised the players' commitment. He told *OFN*: "We had a productive year and we are grateful. The team has been working hard, committed and we have seen the results over the years."

The triumph not only reflects the players' determination on the field but also highlights the guidance and strategic planning by the coaching and management team. Fans and community members celebrated alongside the squad as Fortune FC lifted the coveted trophy, cementing their reputation as one of the most formidable sides in the league. With another successful season concluded, the team now looks forward to maintaining their winning momentum in the upcoming year.

Legends end season with thrilling goal fest

The Greater South Masters Football League (TGSFML) closed off its debut season in style on 7 December, as Ext 6 hosted the final round of matches. It was a day filled with flair, camaraderie and goals galore as the masters "danced" for the last time in 2025 before the league officially breaks for the festive season. The action-packed finale day delivered emphatic scorelines: Abasaphazi 6 - 0 Hurricane, Poortjie 5 - 0 Tankeng, Sesfikile

5 - 0 Peace Maker, Liverpool 0 - 0 Kings of the Jungle. Launched on 9 November at Ext 1 Park Soccer Ground, the newly formed Greater South Masters Football League has quickly gained momentum. The league boasts 16 teams, all featuring players aged 34 and older, representing communities across Region G including Orange Farm, Lawley, Majazane, Migson Manor and neighbouring areas. League's chairperson, Ben Mbongwane,

said the project is about more than football.

He told *OFN*: "The aim is to inspire young boys to play soccer and keep them away from drugs and crime. This league gives our elders a chance to lead by example." Mbongwane added: "We are taking a short break for the festive season, but expect even more fireworks when we return next year. Merry Christmas and Happy New Year to everyone-enjoy and stay safe."





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Ananda Marga celebrates kasi's crème de la crème



Images: Ananda Marga

Young soccer stars shine at this year's Ananda Marga Champions League awards ceremony held at Amsai Primary in Drieziek 1 on 29 November

The Ananda Marga Champions League (AMCL) hosted its annual awards ceremony at Amsai Primary On 29 November, celebrating a year of dedication, sporting excellence and youth development.

Top achievers across the U11, U13, U15 and U17 divisions received trophies, medals, soccer kits and balls.

This year's AMCL, brought together 64 teams, each consisting of about 25 children and youths aged 11 to 17, who competed

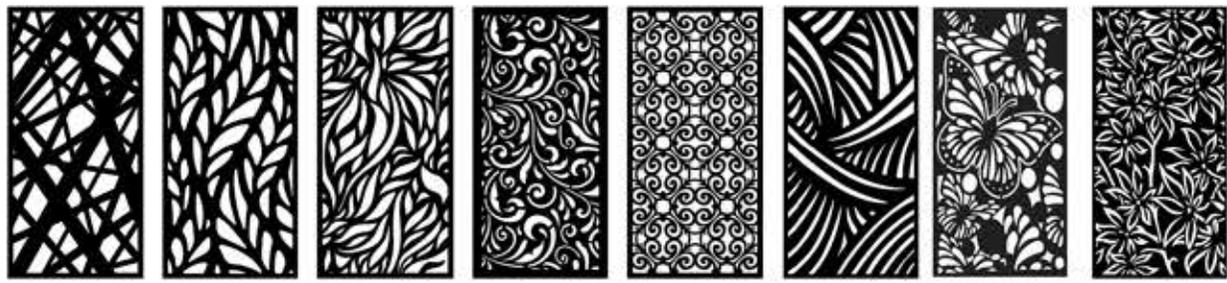
every weekend throughout the year. Individual brilliance was also recognised, with awards presented to outstanding players, top scorers, defenders, midfielders and goalkeepers-highlighting Orange Farm's growing football talent.

The 2025 champions were Black Vultures (U17), Fortune Talent (U15 and U11) and Future Stars (U13). Top goal scorers were Zuma Buyco (U17), Thapelo Richard (U15), Gift Silinda (U13) and Lwandle Mthunzi (U11). Best Goalkeepers were Castigo

Sumyang (U17), Thokoranga Kloadi (U15), Rorisang Dintsa (U13) and Lebohang Mokheseng (U11). The Best Defenders were Mandlakhe Thabotha (U17), Sphamandla Okisa (U15), Omphile Masera (U13) and Aphiwe Thwala (U11). Best Midfielders Sfiso Baloyi (U17), Sphamandla Mhlongo (U15), Letsatsi Mokoena (U13) and Sibeko Ngcinimuzi (U11). Players of the League were Kgontse Kopane (U17), Mpho Dlamini (U15), Nhlanhla Motaung (U13) and Quinton Moeketsi (U11).

Ananda Marga's Dada Krishna, told **OFN**. "The ceremony went well, congratulations to all the winners. Our next tournament is scheduled to kick off between the second and third weekend of February and we look forward to a great year." AMCL continues to play a vital role in the community by keeping young people engaged in sport away from drugs and criminality.

Congratulations to all the winners!



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